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Skinny Yogurt Dip (Light & Delicious, Party Ready Dips, Easy Entertaining)

- 1 Tbsp Halladay's Harvest Barn Dip Mix (our favorites include Lemon Spinach and Cucumber Dill
- 1 cup plain Greek yogurt
- 1 to 2 Tbsp light mayo, if desired

Combine all ingredients. Chill several hours, or overnight for the most flavorful dip.