

Sun Dried Tomato Basil Alfredo Zoodles (Desserts, Light & Delicious, Sides)

3 small zucchini spiralized and lightly cooked

Sauce:

¼ cup butter

1 cup regular of non-fat half and half

1 ½ cups grated Parmesan cheese

1 ½ Tbsp Sundried Tomato Basil Alfredo Seasoning Blend

In a medium saucepan, melt butter over medium heat. Add the half and half and the seasoning, simmer on low heat for 2 to 3 minutes. Whisk in the Parmesan until smooth. Toss with zucchini noodles and serve immediately.