

Spinach Turkey Burgers (Light & Delicious, Main Courses, Easy Entertaining)

1 lb. ground turkey
1 egg
1 Tbsp. Halladay's Lemon Spinach Seasoning
1 small zucchini, grated
Salt and pepper to taste

Preheat oven to 350 degrees. Mix all ingredients well. Form into 4 patties and place on cookie sheet. Bake for about 20 minutes or until center is cooked through. Top with cheese if desired.