

Garlic Chipotle Turkey Burgers (Light & Delicious, Main Courses)

- 1 Tbsp. Halladay's Garlic Chipotle Seasoning
- 1 lb ground turkey
- 1 cup black beans, rinsed and drained
- 1/2 cup of corn
- 1/2 cup of chopped peppers and onions if desired

Mix all ingredients together and form into 4 patties, place on a cookie sheet. Bake in a 350 degree oven for 25 minutes. Top with cheese if desired and pop back into the oven until the cheese melts.