

Light Chicken Pasta Salad (Light & Delicious, Easy Entertaining)



1/2 cup regular or light mayo
1/2 cup non-fat buttermilk
1 Tbsp. Halladay's Harvest Ranch Seasoning
8 oz. large shell pasta
1 cup frozen peas
2 cups arugula
1 cup cooked chopped chicken

Blend mayo, buttermilk, and Harvest Ranch Seasoning. Chill for at least one hour. Cook pasta according to directions on package, adding in the peas during the last minute of cooking. Drain and set aside. Combine pasta, peas, chicken and arugula in a bowl. Add desired amount of dressing just before serving