

**Buffalo Blue Cheese Turkey Burger** (Light & Delicious, Main Courses)

- 1 lb. ground turkey
- 1 egg
- 1 carrot, grated
- 1 to 2 Tbsp. Halladay's Buffalo Blue Cheese Burger Seasoning

Combine all ingredients; season with salt and pepper if desired. Form into 4 patties. Grill, broil or bake.