

Turkey Lettuce Cups (Light & Delicious)



- 1 lb. ground turkey
- 1 cup onion, finely chopped
- 1 cup mushroom, finely chopped
- 2 Tbsp. Halladay's Roasted Red Pepper Seasoning
- 1 Tbsp. sesame oil
- 1 Tbsp. low-sodium soy sauce
- 1 Tbsp. hoisin sauce
- 1 heart romaine lettuce
- 1 to 2 carrots, shredded for topping

Combine turkey, onion, mushroom, seasoning and sesame oil in a skillet and cook over medium heat until cooked through. Add hoisin and soy sauce; mix well. Serve in lettuce leaves topped with carrot.