

Creamy Cucumber Dill Seafood (Light & Delicious, Sides)



- 1/3 cup cucumber, peeled, seeded and chopped
- 1/3 cup fat-free or regular sour cream
- 1/3 cup plain yogurt
- 1 tsp. Dijon mustard
- 1 Tbsp. Halladay's Cucumber Dill Seasoning
- Seafood of choice

Combine all ingredients. Serve over seafood.