

Creamy Cucumber Dill Seafood (Light & Delicious, Sides)



1/3 cup cucumber, peeled, seeded and chopped
1/3 cup fat-free or regular sour cream
1/3 cup plain yogurt
1 tsp. Dijon mustard
1 Tbsp. Halladay's Cucumber Dill Seasoning
Seafood of choice

Combine all ingredients. Serve over seafood.