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White Bean Turkey Chili (Light & Delicious, Main Courses)



1 small onion, chopped

1 to 1 1/2 lbs. ground turkey

1 (14.5 oz.) can crushed tomatoes

2 (15 oz.) can cannellini or white kidney beans, rinsed

1 cup dark beer, optional

1 package Halladay's Farmhouse Chili Seasoning

In a large pot, saute onion until soft, about 3-5 minutes. Add turkey and brown. Add remaining ingredients. Simmer for 30 minutes or until flavors are well blended.