

**Creamy Cucumber Dill Seafood** (Light & Delicious, Sides)



1/3 cup cucumber, peeled, seeded and chopped  
1/3 cup fat-free or regular sour cream  
1/3 cup plain yogurt  
1 tsp. Dijon mustard  
1 Tbsp. Halladay's Cucumber Dill Seasoning  
Seafood of choice

Combine all ingredients. Serve over seafood.